## Safeguarding Adults at Risk



"Even the weakest and most vulnerable, the sick, the old, the unborn and the poor, are masterpieces of God's creation, made in his own image, destined to live for ever, and deserving of the utmost reverence and respect."

**Pope Francis** 

# Are you worried about something...



Feeling upset or worthless



Someone taking your money



Not feeling safe

OH NO!



Worried about someone else

Feeling afraid or being hurt

## What does abuse look like?

#### **Sexual Abuse**

Unwanted kissing or touching

#### **Emotional Abuse**

Yelling at you, making fun of you or swearing at you

#### **Financial Abuse**

Someone borrowing money and not giving it back, taking payments or other benefits away from someone.







## What does abuse look like?

#### Physical Abuse (assault)

Hitting, slapping, pinching, pushing



#### Neglect

Not providing sufficient food, shelter, clothing



#### **Spiritual Abuse**

Using spiritual or religious beliefs to hurt, scare or control you



## If you are worried talk to...

#### **The Police**

In the first instance, if you are in danger call 000. The appropriate people to deal with crimes of abuse are the police. If you, or anyone you know has been abused, please contact the police.

#### **Priests of the Parish**

### **Diocese of Wilcannia-Forbes**

Bring your concerns directly to the Diocese by contacting: safeguarding@wf.catholic.org.au or calling (02) 68539341

# **Support Services**



Crisis Support. Suicide Prevention.

Lifeline P: 13 11 14 W: www.lifeline.org.au **1800RESPECT** 

SEXUAL VIOLENCE COUNSELLING SERVICE

1800RESPECT P: 1800 737 732 W: www.1800respect.org.au

## Beyond Blue

Beyond Blue P: 1300 22 4636 W: www.beyondblue.org.au



CatholicCare P: 6850 1788 W: www.ccwf.org.au



The Diocese of Wilcannia Forbes is wholly committed to ensuring the safety, well-being and dignity of all Children and Adults at Risk, and it acknowledges its important legal, moral and spiritual responsibility to create a safe and nurturing environment for Children and Adults.

