



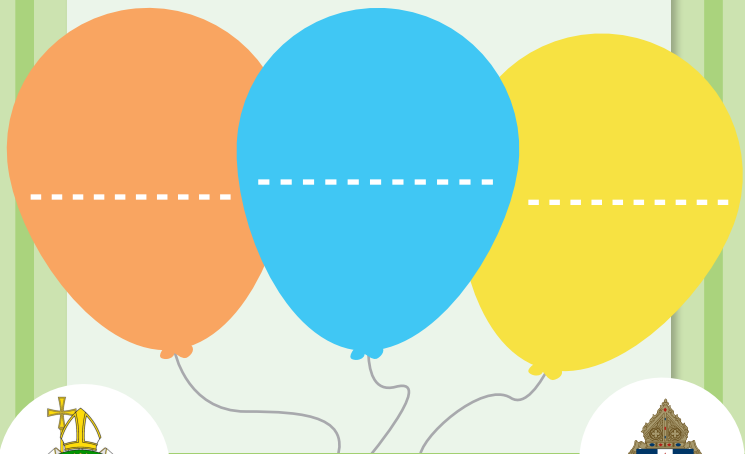
Someone will  
listen to you

# Someone will listen to you

If you feel scared, curious,  
embarrassed, sad or worried . . .

Tell an adult you trust - a parent,  
aunty, teacher or an older brother  
or sister so they can help you.

My three trusted adults are....



Catholic Diocese of  
Wilcannia-Forbes

You can also ring the Kids Help Line  
on **1800 551 800**  
any time of the day or night



Catholic  
Archdiocese  
of Sydney